



CARA BRADLEY

Author. Speaker. Performance Coach.



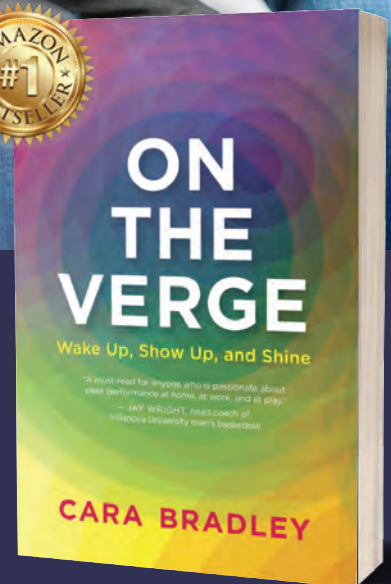
# SUPER-CHARGED Strategies to Make Your Optimal State your Default State!

Cara will show you how to:

- **Be a Corporate Spark Plug**
- **Shift from Frazzled to Focused**
- **Wake Up, Show Up and Shine!**

If you want your audience to leave your event knowing the secret sauce to optimal performance, then Cara Bradley is the speaker to hire. Her New York "spunk and sass" delivery of cutting edge body-brain tools, with great takeaways and uplifting stories will have your audience fired up and on their feet!

Make sure your next conference, meeting or event includes Cara Bradley for a highly:



ENGAGING  
 ENERGIZING  
 ENTERTAINING  
 ELECTRIFYING

Cara's experiential performance tools will have every attendee ready to be the supercharged, highly engaged and the productive **Corporate Spark Plug** that every one wants on their team.

[carabradley.net](http://carabradley.net)

“Cara was one of the highlights of the summit offering our leaders great strategies to work in flow.”

Mike Thompson, CEO,  
National Alliance of Healthcare  
Purchaser Coalitions

“The perfect blend of motivation and stillness. I am a better coach because of Cara Bradley”

Jay Wright, Head Coach,  
Villanova University Men’s Basketball,  
2018 NCAA National Champions

Cara is the author of *On The Verge: Wake Up, Show Up and Shine*. She has delivered keynotes to prestigious organizations such as the World Bank Group, Goldman Sachs, Spectrum Enterprise, Wells Fargo and Guardian Insurance. Cara has been featured in the *The Huffington Post*, *Thrive Global* and *Mindful Magazine* and written for Oprah.com.

Bradley is one of the most electrifying performance coaches in the industry having trained thousands to perform their best. She has used her high stakes, in-the-trenches sports and business experience from top Fortune 100 CEOs to National Championship teams including Villanova Men’s Basketball and Football teams.

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Book the **“spunky and sassy”** speaker, Cara Bradley, for your next event and receive extraordinary results and reviews! Supercharge your audience from head to toe inspiring them to ignite their **Corporate Spark Plug** with cutting edge performance tools no one but Cara can deliver!



To book Cara: 610.256.4443  
or [cara@carabradley.net](mailto:cara@carabradley.net)  
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