



IN THE ARENA

-THE IMPACT PATH

4-weeks of group coaching focused on building the confidence, leadership skills and entrepreneurial savvy to launch a successful mental wellness business.

directed by Cara Bradley and Colleen Sullivan
- and facilitated by experienced mentors



Are you:



Entrepreneurial driven (or want to be)



Seeking seeking change, challenge and another source of income



Want to learn how to launch and build a business



Looking for opportunities to positively impact lives



Details



- ✓ 4-Week Program (begins monthly)
- ✓ Weekly Group Sessions (recorded)
-IMPACT Path - Mondays at Noon ET
- ✓ Self-directed assignments
- ✓ Daily Check-ins with Mentor

Focus - IMPACT PATH

Week 1 - ACTION - Learn how to jumpstart your business by consciously Connecting, Sharing and Engaging.

Week 2 - REACH OUT - Making authentic connections isn't hard when you have simple reach out language.

Week 3 - NAME YOUR NICHE - You'll get clear about your WHO—your niche! This is the foundation of marketing anything!

Week 4 - CLOSE WITH CONFIDENCE- Simple systems build confidence and commitment which helps tremendously to grow your business.



Outcomes



- The intention of this program is to accelerate your transformation through daily action, lively discussions and group support.
- Anticipated outcomes include:
 - Community of empowered women empowering women.
 - New opportunities to positively impact lives - adults, kids, and families.
 - Hands-on daily experience in the mechanics of launching and building a business.
 - Money in the bank with a goal of \$500 or more.

Cost



- Commit to purchasing a monthly supply of Amare gut-brain mental wellness protocols of at least \$129.
(as wellness partner)
- Amare Global - the leader in the fast-growing market for natural mental health and mental fitness solutions.

To register, reach out to the person who invited you in the ARENA or email hello@carabradley.net